

EXCLUSIVE: ISIS urges UK jihadis to cut beards, shun mosques and wear crosses to blend in

From the [brothers in the West](#) need to know some important things about safety in order to ensure success in their operations. We thought a lot of non-Arabic speaking brothers would find it interesting and may apply it in their blessed operations."

Readers are urged to wear a Christian cross, splash on the aftershave, cut off beards and even shun prayer meetings and mosques to avoid detection. There is even advice about what jewellery to wear and on which hand to wear a watch.

Potential terrorists are told: "If you can avoid having a beard, wearing qamis, using miswak and having a booklet of dhikr with you, it's better.

"It is permissible for you to wear a necklace showing a Christian cross.

"As you know, Christians – or even atheist Westerners with Christian background – wear crosses on their necklaces. But don't wear a cross necklace if you have a Muslim name on your passport, as that may look strange..

It says: "Your beard should be shaved off at least two weeks before your travel so the skin under your beard can be exposed to the sun. If you don't do that the fact that you removed your beard would be too easy to notice. If you can get a haircut in a professional hairdresser, try to do so."