

# Undertow

Song written by Amil Imani

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## Verse 1

Sunrise paints the cracks in the city walls  
Birdsong breaks through the sprawl  
Another day to write my own story unwind  
Diamond in the rough, I shine from the inside

## Pre-Chorus

Roots run deep, foundation set in stone  
I rise from the seed where courage is sown

## Chorus

I'm a river carving canyons, steady and slow  
I'm a whisper in the storm, a wild wind's flow  
Not a force to be reckoned with, but a gentle undertow  
My strength is resilience; watch me watch me grow

## Verse 2

Stumbles and scars are whispers of the past  
Lessons learned, battles fought, they forever last  
But they don't define me; the present holds me fast  
Open heart, open mind, the future's meant to last

## Pre-Chorus

Roots run deep, foundation set in stone  
I rise from the seed where courage is sown

## Chorus

I'm a river carving canyons, steady and slow  
I'm a whisper in the storm, a wild wind's flow  
Not a force to be reckoned with, but a gentle undertow

My strength is resilience; watch me watch me grow

Bridge

This quiet power, a force unseen

It builds mountains, mends what's broken, keeps the world  
green

Chorus

I'm a river carving canyons, steady and slow

I'm a whisper in the storm, a wild wind's flow

Not a force to be reckoned with, but a gentle undertow

My strength is resilience; watch me watch me grow



**GRAND CANYON OF THE COLORADO RIVER, 1892 AND 1908 ~ Thomas  
Moran  
Philadelphia Museum of Art**