

Undertow

Song written by Amil Imani

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Verse 1

Sunrise paints the cracks in the city walls
Birdsong breaks through the sprawl
Another day to write my own story unwind
Diamond in the rough, I shine from the inside

Pre-Chorus

Roots run deep, foundation set in stone
I rise from the seed where courage is sown

Chorus

I'm a river carving canyons, steady and slow
I'm a whisper in the storm, a wild wind's flow
Not a force to be reckoned with, but a gentle undertow
My strength is resilience; watch me watch me grow

Verse 2

Stumbles and scars are whispers of the past
Lessons learned, battles fought, they forever last
But they don't define me; the present holds me fast
Open heart, open mind, the future's meant to last

Pre-Chorus

Roots run deep, foundation set in stone
I rise from the seed where courage is sown

Chorus

I'm a river carving canyons, steady and slow
I'm a whisper in the storm, a wild wind's flow
Not a force to be reckoned with, but a gentle undertow

My strength is resilience; watch me watch me grow

Bridge

This quiet power, a force unseen

It builds mountains, mends what's broken, keeps the world
green

Chorus

I'm a river carving canyons, steady and slow

I'm a whisper in the storm, a wild wind's flow

Not a force to be reckoned with, but a gentle undertow

My strength is resilience; watch me watch me grow



**GRAND CANYON OF THE COLORADO RIVER, 1892 AND 1908 ~ Thomas
Moran
Philadelphia Museum of Art**